



BY APPOINTMENT TO THE KING OF KINGS  
SERVING YOUNG PEOPLE  
FOR OVER ONE HUNDRED YEARS

**URBAN  
SAINTS**  
**WESTBROOK**



Urban Saints Centre, Westbrook, Oakhill Road, Ryde, Isle of Wight PO33 1PU  
01983 811118 – [hdavison@urbansaints.org](mailto:hdavison@urbansaints.org)  
[westbrookcentre.org.uk](http://westbrookcentre.org.uk)

# Sample C

## Saturday Arrival@5pm

Dinner - 6pm

- Orange Juice
- Pizza, Chips & Peas
- Doughnuts

## Sunday

Breakfast - 8am

- Cereals & Toast
- Sausages, Hash Browns, Beans

Lunch - Packed

Dinner - 6pm

- Apple Juice
- Full Roast
- Chocolate Sponge

## Monday

Breakfast - 8am

- Cereals & Toast
- Pancakes

Lunch - Packed

Dinner - 6pm

- Orange Juice
- Cottage Pie
- Apple Crumble, Custard

## Tuesday

Breakfast - 8am

- Cereals & Toast
- Bacon, Hash Browns, Bean, Tomatoes

Lunch - Packed

Dinner - 6pm

- Apple Juice
- Jacket Potatoes
- Flapjack

## Wednesday

Breakfast - 8am

- Cereals, Toast

- Croissants

Lunch - Packed

Dinner - 6pm

- Orange Juice
- Pasta Bake, Garlic Bread, Salad
- Brownies

## Thursday

Breakfast - 8am

- Cereals and Toast

- Pan Au Chocolate

Lunch - Packed

Dinner - 6pm

- Apple Juice
- Chicken Curry, Rice, Naan bread
- Yoghurt

## Friday

Breakfast - 8am

- Cereals & Toast

- Bacon Butties

Lunch - Packed

Dinner - 6pm

- Orange Juice
- BBQ
- Ice Cream

## Saturday

Breakfast - 8am

- Cereals & Toast

Lunch - packed Depart @ 11am