



BY APPOINTMENT TO THE KING OF KINGS  
SERVING YOUNG PEOPLE  
FOR OVER ONE HUNDRED YEARS

# URBAN SAINTS WESTBROOK



Urban Saints Centre, Westbrook, Oakhill Road, Ryde, Isle of Wight PO33 1PU  
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[westbrookcentre.org.uk](http://westbrookcentre.org.uk)

## World Cuisine

### Saturday Arrival@6pm

Dinner - 6.45pm

- Orange Juice
- Fish, Chips & Peas
- Bread and Butter Pudding



### Sunday

Breakfast - 8am

- Cereals & Toast
- Pastries
- Lunch - Ciabatta roll with Cheese & Salad
- Dinner - 6pm
- Apple Juice
- Pasta Bake, Garlic Bread & Salad
- Ice Cream



### Monday

Breakfast - 8am

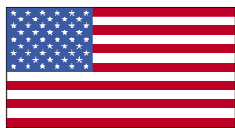
- Cereals & Toast
- Indian Style Porridge
- Lunch - Filled Pita Breads
- Dinner - 6pm
- Orange Juice
- Chicken and Vegetable Curry, Naan Bread, Rice
- Ragi Chocolate cake & Sauce



### Tuesday

Breakfast - 8am

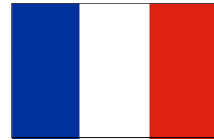
- Cereals & Toast
- Pancakes & Syrup
- Lunch - Club Sandwich
- Dinner - 6pm
- Apple Juice
- BBQ (Burgers & Sausages)
- Chocolate Waffles



### Wednesday

Breakfast - 8am

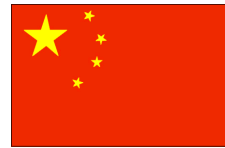
- Cereals, Toast
- Croissants
- Lunch - Baguettes
- Dinner - 6pm
- Orange Juice
- Coq-au-Vin, New Potatoes, Vegetables
- Tart au Citron & Crème



### Thursday

Breakfast - 8am

- Cereals and Toast
- Savoury Crepes
- Lunch - Chinese Bread Sticks, 24 hour Vegetable Salad
- Dinner - 6pm
- Apple Juice
- Sweet & Sour Chicken, Rice, Prawn Crackers
- Lychee & Syrup



### Friday

Breakfast - 8am

- Cereals & Toast
- Sausage, beans, Hash browns
- Lunch - Cheese Ploughman's
- Dinner - 6pm
- Orange Juice
- Roast (beef)
- Apple Crumble & Custard



### Saturday

Breakfast - 8am

- Cereals & Toast
- Lunch - packed Depart @ 11am