



Use of Mobile Phones

Your group leaders will decide;

- If you can bring your phone to Westbrook
- What times you are allowed to use your phone, if at all
- If and when you have access to Wi-Fi

If you are allowed your phone, do...

- Use your social media to build each other up
- Take photos of beautiful things and share your experiences using #whateverhashtagweareusingtoday
- Remember to turn off your phone for meetings and activities
- Remember that screen time shortly before bed can get in the way of good sleep

Do not;

- Use your social media to bully, mock or intimidate
- Upload photos of someone without their permission
- Use your phone at the table in the dining room
- Do anything with your phone to cause annoyance to other guests, at especially at night times

Westbrook will NEVER tolerate;

- Bullying
- Bad language
- Nudity
- Racism